



高中A
SSA

12月份餐單 December Menu



Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
十一月 27	28	29	30	十二月 1	2	3
4	5 蜜豆甘筍炒素肉 Stir-fried vegetarian meat with honey beans and carrots	6 粟米魚塊 Fish nuggets in corn sauce	7 越式豆腐扒雞丁 Vietnamese style tofu grilled chicken dice	8 粉絲什菜燴雞柳 Stewed chicken fillet with mixed vegetables and vermicelli	9 美式蘑菇燴豬柳粒長通粉 American mushrooms stew pork tenderloin dice Macaroni	10
11	12 淡麵醬豆卜炆麵筋 Stewed bean pork in light noodle sauce	13 瑤柱雞蓉粉絲蒸水蛋 Steamed egg with dried scallop and minced chicken and vermicelli	14 麻婆豆腐 Mapo tofu	15 鮮茄洋蔥魚柳 Fish fillet with tomato and onion	16 專業發展日	17
18	19 柱侯蘿蔔甘筍雞球 Chicken balls with radish and carrots in Zhu Hou sauce	20 紅燒素獅子頭 Braised vegetarian pork balls with brown sauce	21 豆腐草菇炆雞粒 Stewed chicken dice with tofu straw mushroom	22 五柳魚塊 Deep-fried five sliced ingredients with fish	23 枝竹馬蹄炆雞粒 Stewed chicken dice with chestnut and dried bean curd	24
25	26	27	28	29	30	31
一月 1	2	3	4	5	6	7